

February

Mon	Tue	Wed	Thu	Fri	Sat	Sun
15	16	17 Ash Wednesday Call a friend	18 Go to Mass	19 Do not listen to music	20 Read a chapter of the Gospel of Luke	21
22 No complaining	23 Go to Confession	24 Do not eat dairy	25 Take a cold shower	26 Make a list of 10 beautiful things that point to God	27 Read a chapter of the Gospel of John	28

Offer Week Feb. 17-20 for the success of the 40 Days for Life Campaign
 Offer Week Feb. 21-27 for all unborn children

March

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 No texting	2 Go to Mass	3 Walk if you bike or bus if you drive a car	4 Take a friend out for lunch	5 Pray a Rosary	6 Read a chapter of the Gospel of Matthew	7
8 No Facebook/my space/twitter	9 No sweets	10 Write a letter	11 Go to Mass	12 Pray the Divine Mercy Chaplet	13 Read a chapter of the Gospel of Mark	14
15 No web surfing	16 Call the parents	17 Go to Mass	18 Act of kindness toward a roommate	19 Say the Prayer of St. Francis	20 Read a chapter of the letter to the Romans	21
22 Go to Mass	23 Take a walk	24 No TV/movies/YouTube	25 7 compliments to others	26 30 minutes in Adoration	27 Read a chap. of the 1 st letter to the Corinthians	28
29 Go to Mass	30 Sleep 8 hours; Heroic minute	31 Exercise				

Offer week Feb. 28 - March 6 for a greater respect for human life among all elected officials
 Offer week March 7 - 13 for expecting mothers, especially those considering an abortion
 Offer week March 14 - 20 for all those working in the pro-life movement, especially in Illinois
 Offer week March 21 - 27 for the defeat of the Illinois FOCA bill
 Offer week March 28 - April 3 for an end to abortion

April

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 Go to Confession	2 Meditate on the Stations of the Cross	3 30 minutes in prayer	4 EASTER!